



Manual exercise

Students prepare salt dough.

Salt dough recipe:

- 1 cup of flour,
- $\frac{3}{4}$ cup of salt,
- $\frac{1}{2}$ cup of water.

Flour and salt should be mixed. Next, while adding water, the dough should be kneaded until a smooth consistency is obtained.



Creative expression

Students create shapes from the dough.

Salt dough can be colored to make your students' work more attractive. You can achieve the desired effect using food coloring or poster paints. The following food products can also contribute to color change:

Brown can be obtained using cocoa, cinnamon or coffee;

Yellow can be created by adding turmeric;

Orange can be obtained using paprika;

Pink can be created by adding some red beet concentrate.

All kinds of tools can be used to decorate the figures – including scissors, knives, a garlic press, or skewers. For example, we can use the garlic press to easily create hair for our models.

There are many treasures in the kitchen that are perfect for creating and decorating beautiful salt dough crafts.