

Is it Nice to Say “No”?

COMPETENCIES

Get curious

Video/ Slide show

Students watch a film. A guide to effective communication.

Discussion

After watching the film, discuss.

How did the moose and the wolf behave in the dangerous situation?

Could the animals have reacted differently?

What did the hare do? How was his behavior different from the way the other animals behaved?

What would you do in a similar situation ?

Get going

Talk

The students and the teacher talk about different attitudes: aggressive, submissive, and determined (assertive): what do these attitudes involve and what might be their effects.

How do people behave when there is a conflict of interest, differences of opinion or conflicting needs?

Do you know what it means to behave aggressively, submissively or assertively?

Discussion

Begin a conversation about conflict situations, which could have been resolved by good communication.

With the help of your students write down some ideas on the blackboard.

Choose a number of situations: discuss possible variants of the behavior of the people taking part in them. Encourage students to define each attitude – was it aggressive, submissive or assertive.

Talk

Introduce students to the scenario technique. It will help them to devise role plays for specific situations.

Role-playing

Students prepare role-plays depicting situations involving a conflict of interest in which they can practice assertive behavior using the scenario technique.

Role-playing

The teams act out selected role plays for the audience.

Each team selects one role play to act out to all the students.

Ask the children to answer the main question:

Is it nice to say “no”?

Get practicing

Writing

Task for students: write a different ending to a short story.

Students write a new ending to one of two stories in which the hero behaves assertively rather than submissively or aggressively.
